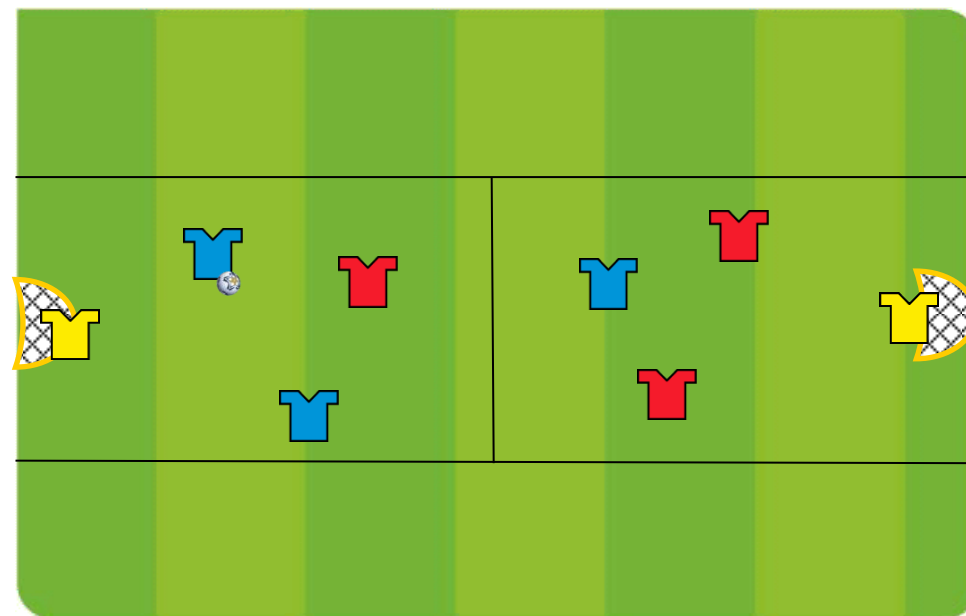
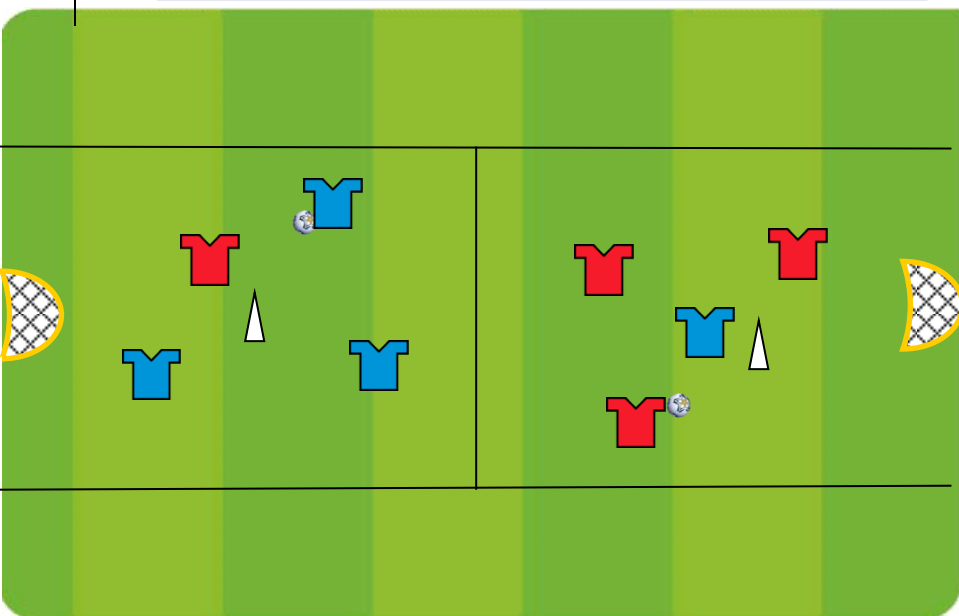


THEME: Movement to find clear passing lanes to score



HOW TO PLAY

- Play 3v1-the attacking team tries to maintain possession and pass to a teammate in one square. Players have numbers 1-4 and in relation to which number is called this player became defender. Defenders change after 1 min or once they win the ball.

PROGRESSIONS

- Play 3v3 + GK.
- If you eliminate 2 or more players by one pass you get an extra point
- Play one touch when you can, two when you need and three when you must on attacking half

DECISIONS AND CHALLENGES WITHIN THE GAME

- Recognise space to create clear lane of pass
- Movement-recognize when to move
- Try be in position which helps be in clear lane of pass
- Constant repetition dribbling/controlling ball under pressure
- Improve perception, awareness to be in position which allowed to dribble the ball and beat opponent

- Improve ball control
- Develop first touch
- Improve passing/receiving

- Develop one foot balance while passing/receiving
- eye-feet coordination

- Develop perception and anticipation before receive the ball
- Improve mind memory

- Learning from others
- Improve self-centre approach (society perception)