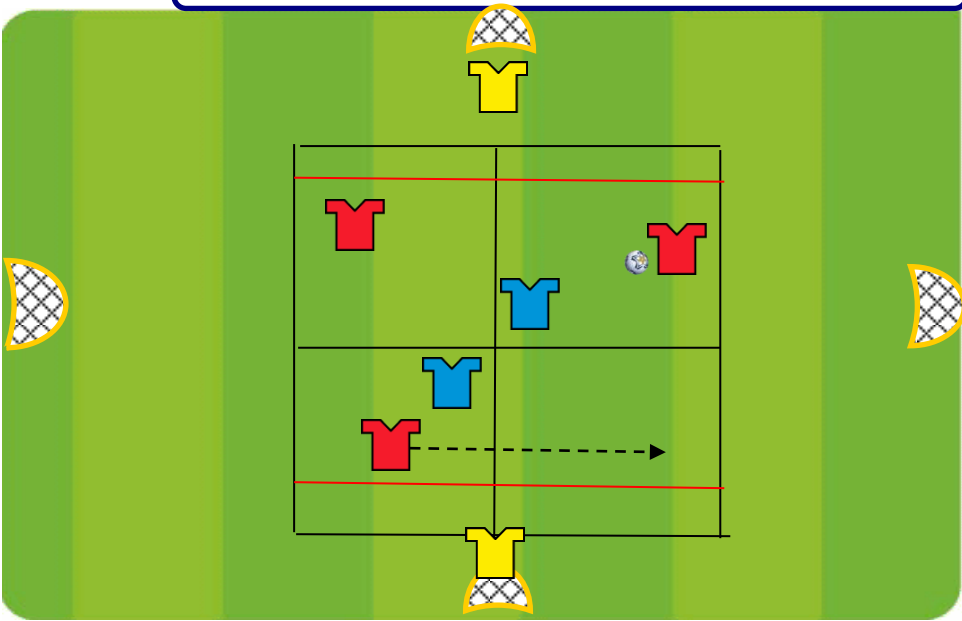
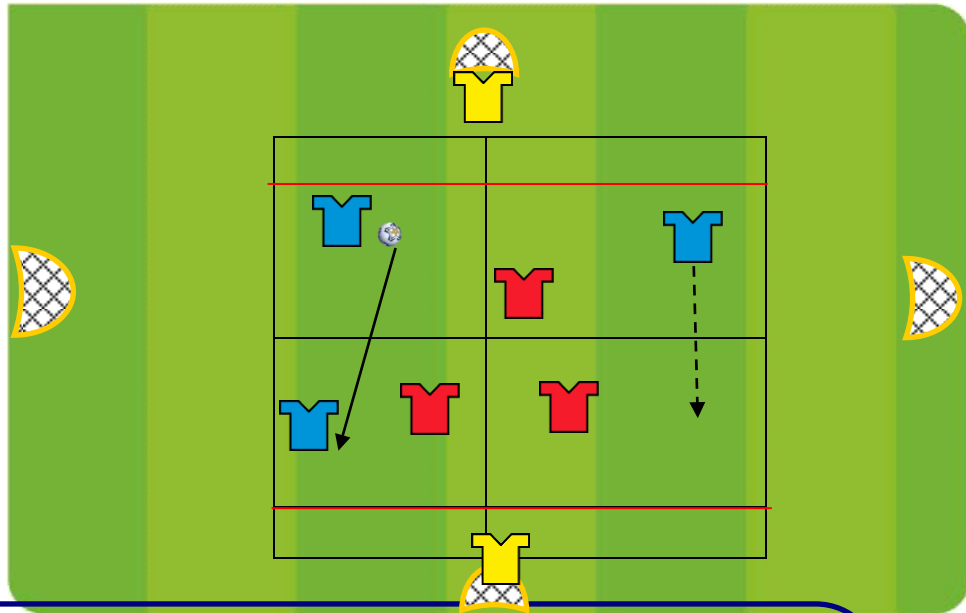


**Problem to solve: find and use free man in 3v2/3v3**



**KEY**

- goal
- cone
- team 1
- team 2
- ball
- ball movement
- player movement



**Attacking Learning focus:** a) for player with the ball-recognize the best free man option to pass the ball to b) for players without the ball create, move to and exploit space to receive the ball

**Defending Learning focus:** a) how to deny space centrally in 3v2 b) how to position themselves to avoid split pass c) how to defend in equal numbers 3v3

**How to play?**

Size of playing area related to players ability and age. Reds attacking players without the ball must always move to the nearest box in relation to attacking player with the ball in order to score the goal and must not be positioning to each other in same line. Red line imitating offside. Blues upon winning the ball counter reds and seek to score

**Progressions-use them only if players can use free man in 3v2 game situation**

**Progression 1:** Play 3v3 +GK's for each team (2v1 on each half). Blue attacking players without the ball try to find best possible space (box to exploit) to receive the ball. Player with the ball: when to use free man in own half and when in opposition half in 3v3 game scenario. Red line-imitating offside

- Decisions, challenges & questions within the game**
- Which space (box) I can move into to support attacking player with the ball?
  - When to pass forward to a free man in advance position in opponent defensive half and when not to?
  - What is easier for defenders to do if we positioning in same lines?
  - Feet or space-type of pass to make to use free man in 3v2 or 3v3?
  - Show me the correct distances and angles in relation to attacking player with the ball, defenders and space available?
  - When to run /dribble into available space and when to pass?
  - Individual challenges in relation to players ability and experience

- First touch under pressure-3v3
- Quality of pass-3v2/3v3
- Receive into free space

- Positive body language of wanting the ball-positional play in 3v2/3v3
- Confidence of staying on the ball under pressure 3v3
- Focus and awareness of free space
- Problem solving-free man 3v2/3v3

- \*changing direction without the ball to lose marking defender 3v3/3v2
- \*maintain balance prior, during and after releasing the ball
- \*changing speed
- \*type of movement to be free man

- Learning environment promote repetition of same situation-but different solutions to find a free man in 3v2/3v3
- Peer to peer feedback
- Failure v success balance

