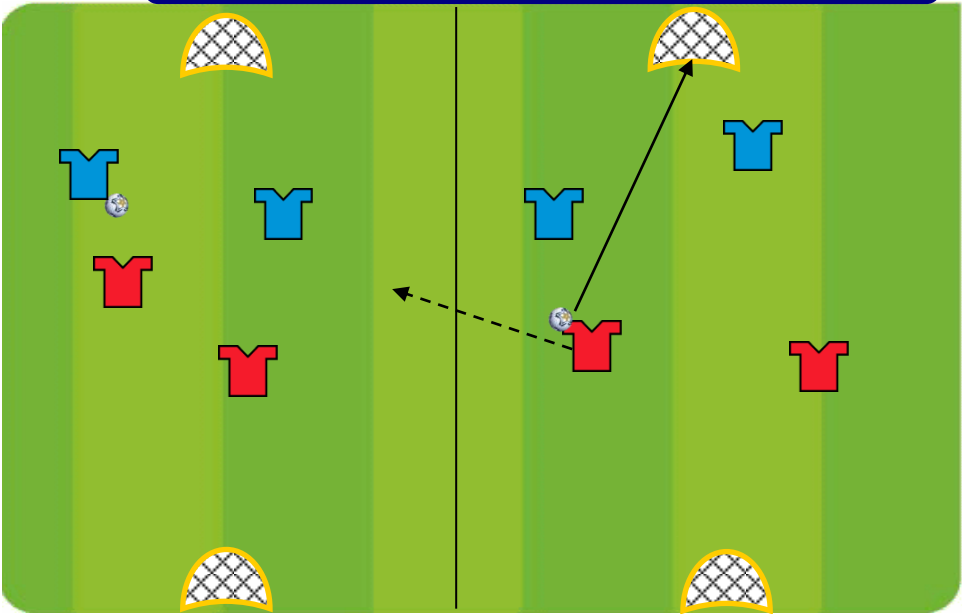
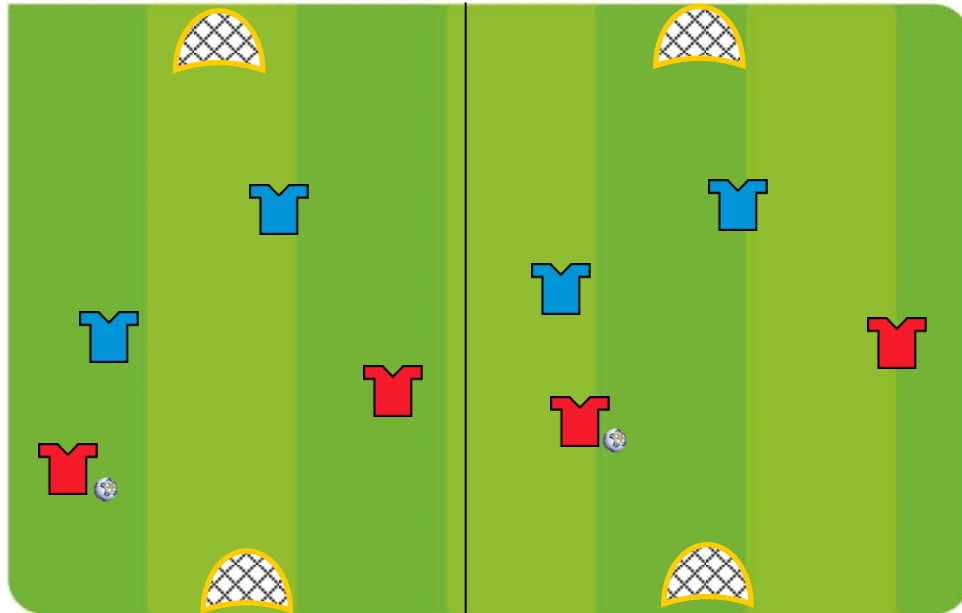


Problem to solve: defending & attacking: 1v1;2v2;3v3



KEY

- goal
- cone
- team 1
- team 2
- ball
- ball movement
- player movement



Attacking Learning focus: a) how to attack in 1v1;2v2,3v3,3v2,2v1

Defending Learning focus: a) how to defend in 1v1;2v2;1v2;2v3

How to play?

Size of playing area related to players ability and age. Play 2v2 on each pitch with following conditions:

- a) Player who scored move to the next pitch to play for same colour team
- b) If there will be 1v1 situation, even if player scored remain on same pitch until more than 1 player play for the team
- c) Play for certain amount of time or until first team scored 10 goals

Progression:

- a) To make even more challengeable the player who already scored can't do so on the next pitch he moves into until different player will score a goal
- b) If the team scored having less players on the pitch i.e. 1v2;2v3 the goal will count double

Decisions, challenges & questions within the game

- Who will press and who cover in 2v2 defensive situation?
- How to use space and free player in 3v2 attacking situations?
- How do you keep the ball for longer period in 1v2?
- When to dribble and when to pass in 2v1 attacking situation?
- When to play 1v1 and when not to in 2v2 attacking game situation?
- How do I beat marking defender in 1v1 situation?
- How to defend in 1v1 situation?
- Individual challenges in relation to players ability and experience

- First touch in relation to position of defender
- Dribbling-further foot away from defender
- Protecting the ball 1v2;1v1;

- Positive body language of wanting the ball-positional play
- Confidence of staying on the ball under pressure 1v2; 2v2
- Focus and awareness of free space in 3v2; 2v2;
- Problem solving 1v2 or 2v2 or 3v2

- *changing direction when dribbling
- *maintain balance prior, during and after releasing the ball
- *feet-eye coordination

- Learning environment promote repetition of same situation-but different solutions
- Peer to peer feedback
- Failure v success balance

