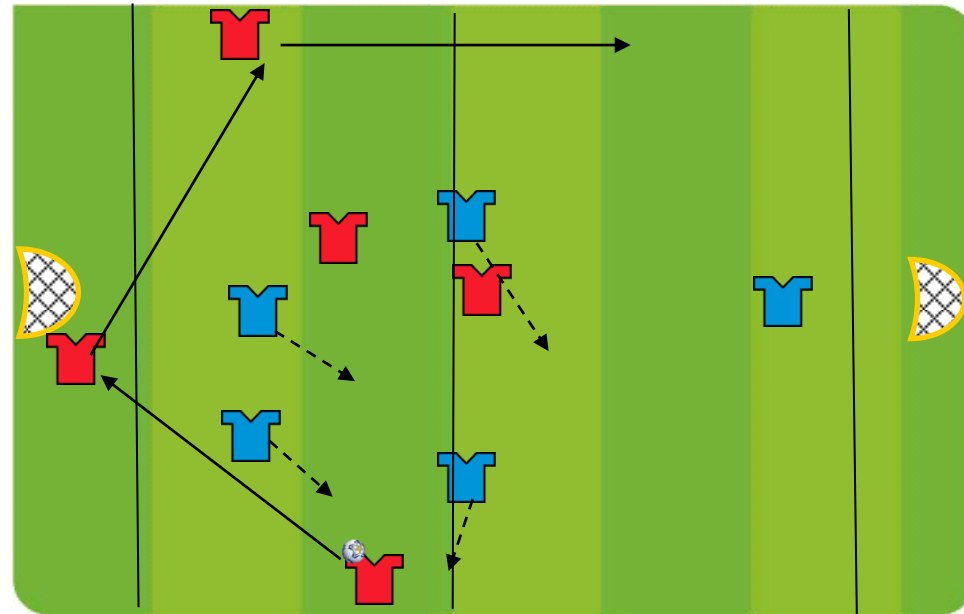
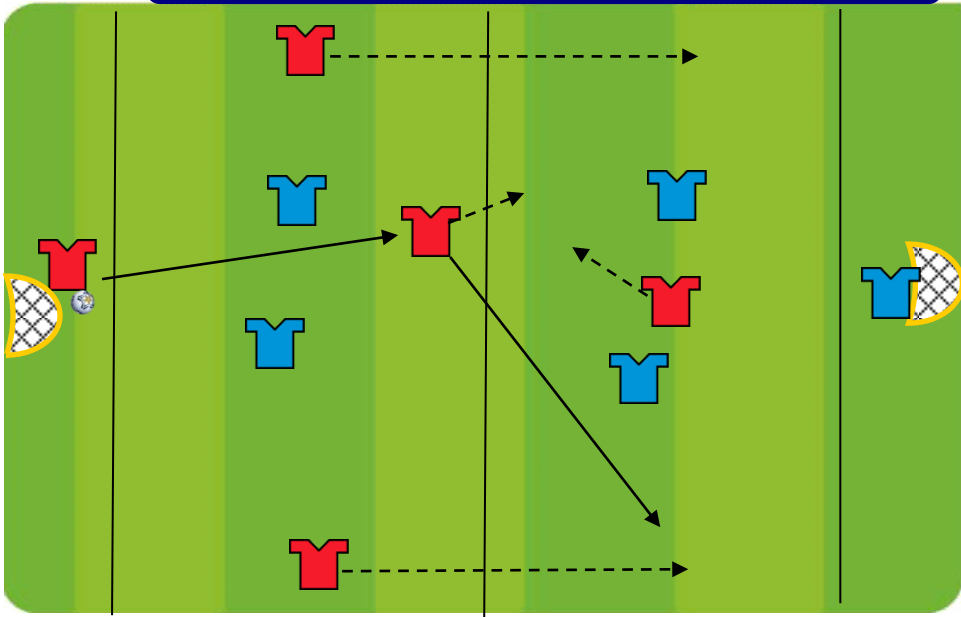


Problem to solve: Switching play using space opposition give you



Attacking Learning focus: a) switching play using space opposition give you
Defending Learning focus: b) prevent switching play

How to play?

Reds 4v2 advantage in own defensive half looking to switching play at opposition half of the pitch, support their striker in creating overload 4v3 and seek to score. Upon regain possession by the blues:

- a) Regain the ball at reds defensive half look to counter attack and score
- b) Regain the ball at own defensive half, if counter attack not an option play back to the goalkeeper and blues became an attacking team seeking to switch play while reds became defending team.

Options: where you can take this practice and how outcomes change based on coaching constraints?

- Defending team play high line and seek to win the ball at opposition half (attacking team now will be force to beat an opposition high pressing line by switching play into spaces defending team left to exploit)
- Defending team play mid-block (attacking team will have more space to switch play a front of the ball and challenge will be to use space between the lines and behind including switching play to create situation to score)

Decisions, challenges & questions within the game

- When to switching play-recognize the correct moment of the game?
- When to switching play with horizontal and when with vertical lines?
- Can you show me difference between positional and numerical advantage over opponents defensive pressing lines?
- What passing line make the opposition almost impossible to intercept the pass forward?
- Can you show me where do you move to support player with the ball?
- How and where you position yourself defensively to prevent switching play horizontally and what are the triggers to win the ball back?
- Individual challenges in relation to players ability and experience

- First touch in relation to position of defender
- Quality of pass-accuracy
- Type of pass: feet or space

*changing direction prior during and after releasing the ball
 *maintain balance prior, during and after releasing the ball
 *feet-eye coordination-recognize moments to switching play

- Positive body language of wanting the ball-positional play
- Confidence of wanting the ball
- Focus and awareness of free space to received the pass
- Problem solving 4v2/4v3/4v4

- Learning environment promote repetition of same situation-but in different numerical constraints
- Peer to peer feedback
- Failure v success balance

