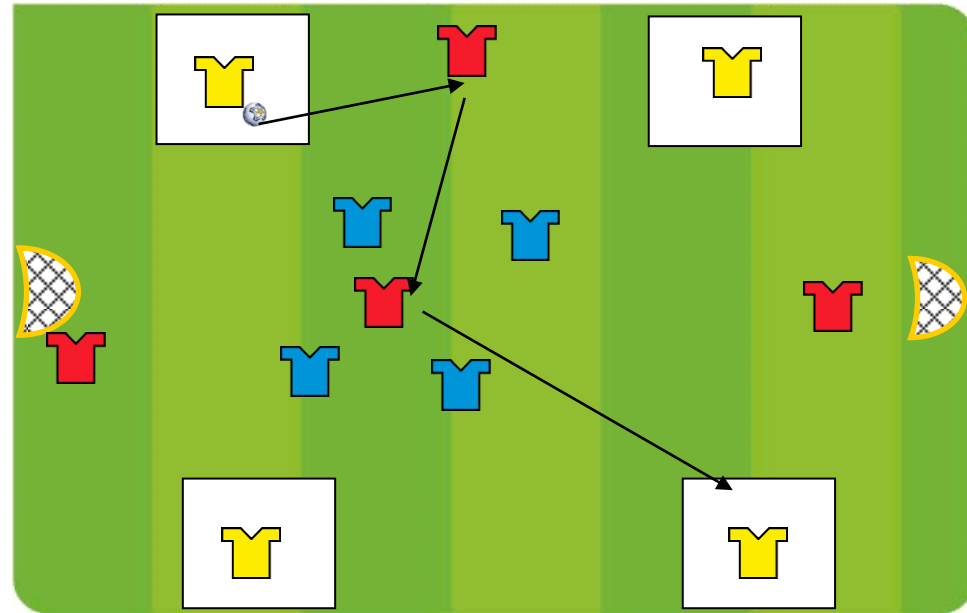
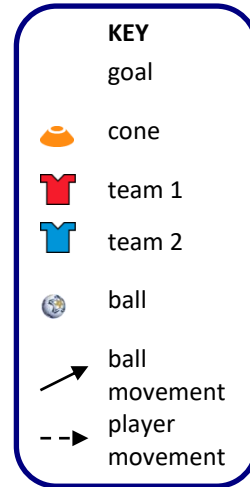
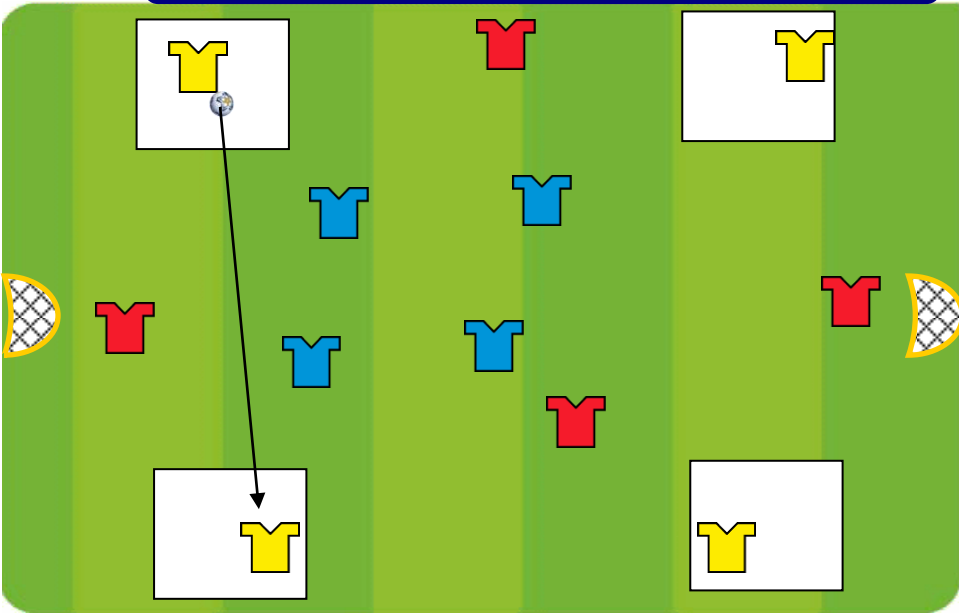


Problem to solve: Switching play horizontally



Attacking Learning focus: a) recognize moments to switching play horizontally

Defending Learning focus: b) prevent switching play horizontally

How to play?

Reds score a point for every successful attempt switching play horizontally using yellows as support players/team. Upon regain possession by the blues they follow same scenario.

- Switching play horizontally with first time pass between 2 yellow players equal 2 points for them, but only if two yellow players are not in the same line
- Switching play successfully at least once between 2 yellow players means red attacking team can score on goal.
- Teams swapping roles after certain time of play or when attacking team score.

Options: where you can take this practice and how outcomes change based on coaching constraints?

- Can you seek to switch play with the least amount of passes possible i.e. between 2-4 (this constraint will force attacking players to play quick, recognizing moments to pass with 1-2 touch and manage, exploit space available to do it)
- Switching play using 2nd and 3rd passing lines (this constraint will encourage attacking team to seek forward passes which goes past the defenders or into spaces between the defenders)

Decisions, challenges & questions within the game

- When to switching play-recognize the correct moment of the game?
- When to switching play with horizontal and when with vertical lines?
- Can you show me difference between positional and numerical advantage over opponents defensive pressing lines?
- What passing line make the opposition almost impossible to intercept the pass forward?
- Can you show me where do you move to support player with the ball?
- How and where you position yourself defensively to prevent switching play horizontally and what are the triggers to win the ball back?
- Individual challenges in relation to players ability and experience

- First touch in relation to position of defender
- Quality of pass-accuracy
- Type of pass: feet or space

*changing direction prior during and after releasing the ball
 *maintain balance prior, during and after releasing the ball
 *feet-eye coordination-recognize moments to switching play

- Positive body language of wanting the ball-positional play
- Confidence of wanting the ball
- Focus and awareness of free space to received the pass
- Problem solving 4v2/4v3/4v4

- Learning environment promote repetition of same situation-but in different numerical constraints
- Peer to peer feedback
- Failure v success balance

