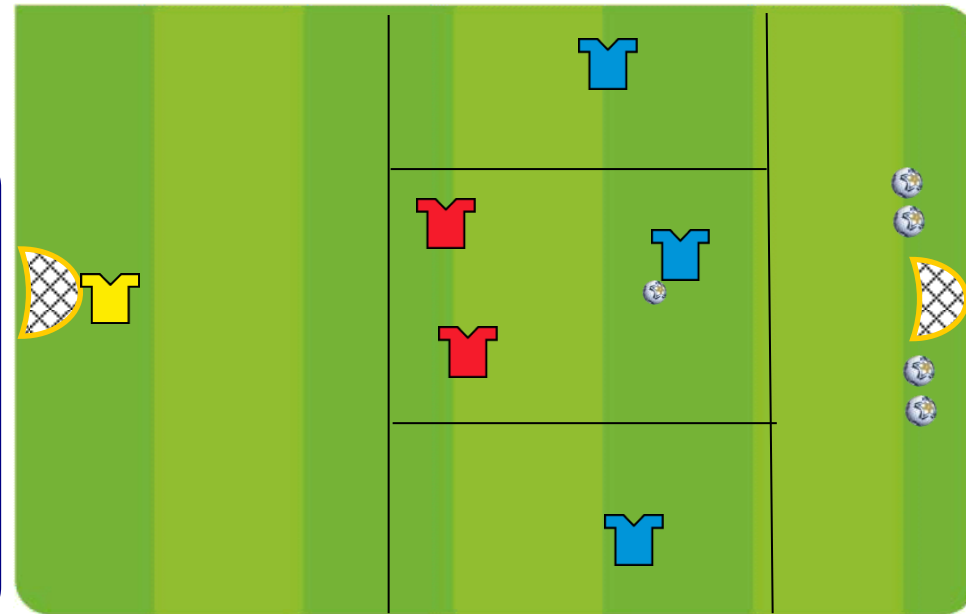
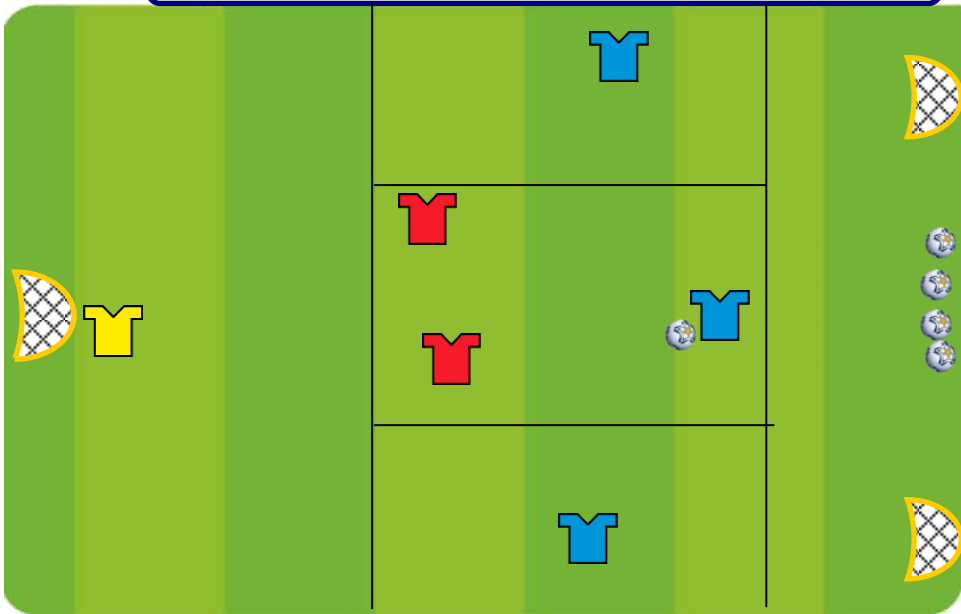


Problem to solve: decision making in 3vs2



Attacking Learning focus: how and when to use free man in 3v2 scenario

Defending Learning focus: a) how to defend 2v3 game scenario? Delay play or press?

How to play?

3 play against 2 trying plus GK to score. Add offside line around 15 yards from goal. If defenders win possession, they counter attack as a pair, seeking to score through one of two goals positioned at the end line.

Conditions with context of football game:

- a) Try to have a player in all 3 zones when attacking
- b) Try to cover zones in relation to the ball when defending

Decisions, challenges & questions within the game

- What are the best ways to use free player in 3v2 situation?
- How can you score lots of goals and make it hard to defend against?
- What do you do if you lost the ball and have one extra player?
- How would you defend to make it harder to score goals in 2v3?
- When can you dribbling/running with the ball and when would you pass in 3v2 situation?
- Individual challenges in relation to players ability and experience

Progressions-use them only if players gain more success in initial game or they can be part of your next session.

Progression 1: You can enter opposition final third by dribbling or 1 time passing forward. If red defending pair score in 2v3 -goal counts double

Improve first touch under pressure
Develop ball control under pressure in 3v2 game scenarios

Changing direction to be able to take first touch into space away from marking defender

Decisions where and when to use 1 extra free player
Confidence of wanting the ball
Commitment to move off the ball-manipulating, creating and exploiting space in 3v2

Risk v Reward environment
Learning from others
Positive social behaviours