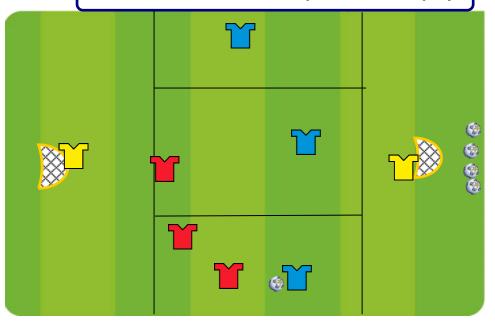
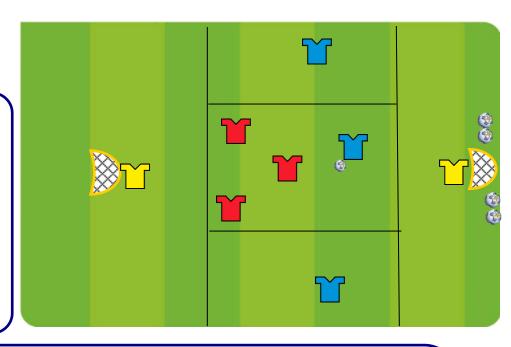
Problem to solve: To develop combination play in 3vs3







Attacking Learning focus: how to link up with your team mates in 3vs3 to score Defending Learning focus: a) how to defend in equal numbers 3vs3

How to play?

Pitch set up 25x25 yards. 3 play against 3 trying plus GK's to score. Add offside line around 15 yards from goal.

Conditions with context of football game:

- a) Try to have a player in all 3 zones when attacking
- b) Try to cover zones in relation to the ball when defending

Decisions, challenges & questions within the game

- Can you show me the combination plays we can use to beat the defending team?
- When and how you can change positions with someone in different areas?
- How would you defend to make it harder to score goals in 3vs3?
- Which space do you use? Can you recognize which area may be free to use? Which space opposition give you to play with?
- How you can exploit space around, beyond, through the defending block?
- Individual challenges in relation to players ability and experience

Progressions-use them only if players gain more success in initial game or they can be part of your next session.

Progression 1: To score try to seek to made an overlap or wall pass

Improve first touch under pressure
Develop ball control under
pressure in 3v3 game scenarios

Changing direction to be able to take first touch into space away from marking defender with and without the ball

Decisions -which area/space to exploit and when in 3v3 scenario Confidence of wanting the ball Commitment to move off the ballmanipulating, creating and exploiting space in 3v3

Risk v Reward environment Learning from others Positive social behaviours